



KINGSBURY HIGH SCHOOL

YEAR 11 NEWSLETTER

Week commencing: 22/06/2020

Message from the Year Leader

Week 13 of lockdown has seen more easing of some restrictions in England. UK CMOs changed the COVID-19 alert level from level four to level three. This means that the virus is considered to be in general circulation but transmission is no longer high or rising exponentially. As a result, you are less likely to encounter the virus when you leave your home.

Non essential shops continue to reopen and the plans for cinemas, libraries, hairdressers, places of worship and many others. Do keep yourself safe and be vigilant at all times.

This week has been exciting for me as the Digital Yearbook for you has now been completed. It has been redesigned and will be ready for you all soon. I have also been learning about my new Cohort of Year 7's joining KHS in September. I have been meeting with their teachers and making arrangements for their transition with various members of staff.

Congratulations to all Liverpool supporters who have won their first league in 30 years. The club's Premier League title was confirmed after Chelsea beat second placed Manchester City 2-1 on Thursday night. The Merseyside giants needed one victory to seal the league but City's failure to beat Chelsea means they can't be caught now.

Information about Leavers Hoodies has been sent to you, parents and carers. **Please ensure that you read all the documents that have been sent to you.** If you receive Free School Meals, are Pupil Premium, SEN or a Looked After Child you will be eligible for a small discount. If you are unsure, do get in touch and I will let you know privately.

There have been a number of birthdays since the last newsletter; **Happy 16th Birthday** to: Maher A, Uzbek F, Husayn F, Leah A, Intisaar S and Alexis E-G.

Our next Newsletter will be on Friday 3rd July 2020.

Message from the Stage Leader

This week the government announced even bigger changes to the lockdown, which will take effect from 4 July. Restaurants, cinemas and hairdressers are among the places that can reopen, but it won't be easy as they must have protective measures in place and keep a temporary record of customers and visitors for 21 days, to support the test and trace system.



Probably more important for many of us are that two households will now be able to meet indoors, with social distancing of course. Great news if you haven't been able to see family and loved ones for the last 3 months.

While these announcements will be welcomed, please don't forget that the virus has NOT completely gone away. The coronavirus pandemic is nowhere near over, and all this gradual opening up of "normal" life just means that there is currently room in the hospitals to cope with people who may become ill. Many doctors feel that local outbreaks are increasingly likely.

I wrote previously about the importance of the R number, and the latest R number range for London is between 0.7-1.0. This means that social distancing and hand washing is still of the highest importance.

You should still stay 2 metres apart where possible. If that is not possible you should remain at least 1m apart while taking steps to reduce the risk of transmission, such as wearing face coverings. Wash your hands regularly for at least 20 seconds, and regularly sanitise as needed. Avoid touching your eyes, nose and mouth as much as possible.

The nearer you are to someone, the greater the risk of catching the virus. Timing is also key. The longer you spend in close proximity with an infected person, the bigger the risk.

Please be responsible and don't just think of yourself- think about your families and your communities. Northwest London has been through a terrible time with a huge loss of life. We don't want to go through that again. If we can play our part by continuing to follow social distancing and good hand hygiene, there is every chance that the virus will largely be kept away.

Stay home as much as possible, Stay safe, Stay strong!

Careers Advice and Guidance

Ms Connie Collie (Connexions Advisor) will be available on Monday, Tuesday and Wednesday between 9:00am and 3:00pm. Many of you have asked for help to write your CVs/Cover letters, completing college and apprenticeship applications, answered questions about university applications and what to do if things don't quite work out as planned. She is not currently in school but continues to work from home and can be contacted via email: connie.colli@kingsburyhigh.org.uk or on the phone: 07584 270 467.

If you are 16 years old, you can apply typically for part-time jobs. If you haven't done so already start working on your CVs. All eligible 16 year olds will receive their National Insurance numbers in due course. There are a number of supermarket chains who are recruiting at present. These include: Aldi, Tesco, Asda, M&S, Morrisons, Lidl and Waitrose. If you are considering applying, please familiarise yourself with the rules of Child Employment: <https://www.gov.uk/child-employment/restrictions-on-child-employment>

Exams & 6th Form



Ofqual has provided official information about grading for this year's GCSE exams. Please watch attentively!

<https://www.youtube.com/watch?v=VXuDOrtJY1Q&feature=youtu.be>

Bridging Work Information

Bridging work was sent out by email this week. Please read the information provided and direct any concerns or questions to the 6th Form team.

Useful Links

What to do if you're anxious about coronavirus -

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/#dealing-with-self-isolation->

If English is not your families first language there are COVID Guidelines in most community translation available from: <https://www.covidmessageforall.com>

Please pass on and share your families and friends so everyone one can understand and keep safe and healthy.