



KINGSBURY HIGH SCHOOL

YEAR 11 NEWSLETTER

Week commencing: 24th April 2020

Message from the Year Leader

The current lockdown period has been a massive change for everyone. We have seen people fighting over toilet paper and the Prime Minister struck down with the virus. On a more positive note, we have seen communities come together to support vulnerable people and families, the amazing NHS going from strength to strength looking after the nations health and 99-year-old British army veteran Captain Tom Moore set out to walk a hundred laps of his garden by his 100th birthday to raise money and has so far raised over £27m for charity.

We would like to know how you are getting on and managing at home. Please complete the following questionnaire:

<https://forms.gle/PPVjK5C3brremJ2BA>

I have spent the Easter holiday relaxing and trying my hand at new things. I baked biscuits and Banana cake which did not come out too bad upon reflection and started growing carrots on a sunny windowsill. While not overly exciting, these are things I probably would not have found time to do if I were in my normal routine.

It has been nice to continue to hear from a number of you via email. I have started contacting the year group by phone to find out how you and your families are getting on. This will be continuing over the coming weeks and I look forward to hearing about what you have been doing since the school closure.

After spending time contacting parents this week, it is clear that a large number of Year 11 students have not been logging into SMHW and completing the assignments set by your class teachers. Please be aware that this is being monitored. It is important that you keep working and submitting work to your class teachers so they can provide support and guidance where necessary. There is an expectation that you are completing assignments set by staff during school hours and are remaining "exam ready!" This will be particularly useful for when bridging work is released for 6th form and those moving on to colleges.

There have been number of birthdays since the last newsletter; **Happy 16th Birthday** to the following students: Mohammed Ali, Cindy o Anaya, Sumaya D, Lucia S, Lyes, Husna, Jada B, Anour M, Aram B, Amira G, Yash H, Rodha, S, Othman K, Toni-Ann P, Bruna A, Robert P, Khushil P, Kinthuja T, Zumeia M, Mahdi N, Jordon, R, Saboor Z, Amaan, A, Hannah O, Ali Al-Sultany, Hadia Z & Yasser B .

How to stick together, by staying apart



Stay at home
no unnecessary journeys
or social contact



Only leave home for
essential shopping
or **medical needs**



Or **one form of exercise**
per day



Or **travelling to work** if
absolutely necessary



**Public gatherings of
more than two people are banned** -
excluding people you live with



Police can fine you
if you don't follow the rules

Don't forget to send in any images for the Digital YearBook to my school email address: jermaine.hamilton@kingsburyhigh.org.uk. I have seen some great pictures, please keep them coming!

Our next Newsletter will be on Friday 1st May 2020.

Message from the Stage Leader

We have nearly completed 5 weeks of lockdown in the UK, and human nature means that we are all beginning to feel bored and fed up as this uncertainty continues. We will be missing family and friends, and wish that we could meet up with them.

Although we are frustrated, we must continue to stay at home and away from others. This is important in all parts of the country, but especially so in Northwest London.

Our part of the world has a large number of people from black, Asian and minority ethnic (BAME) backgrounds. Recent hospital numbers are showing that the coronavirus is having a larger impact on people from BAME backgrounds. Only 14% of people in England and Wales are from BAME backgrounds, but 34 % of critically ill coronavirus patients identified as BAME. (More details can be found at <https://www.bbc.co.uk/news/uk-52219070>)

Some well-known British Asians have joined forces to create a video appeal about following government advice and protecting the most vulnerable. The advice in the video is important for all of us, no matter what our background is, so please share it amongst your family and community networks: <https://youtu.be/2cvzGw2VWPA>

Stay home, Stay safe, Stay strong

Message of the Week

Last weekend you may have watched the One World: Together At Home concert to support frontline health care workers and the World Health Organization. Many musicians performed, including LadyGaga, Camilla Cabello, Sean Mendes, Billie Eilish and Lizzo.

The highlight for me was when the legendary Stevie Wonder sang two songs, his own "Love's Inneed of Love Today", and "Lean On Me".

https://www.youtube.com/watch?time_continue=151&v=4vgfBJhIEEo&feature=emb_logo "Lean On Me" was written by the soul singer Bill Withers, whose death was sadly announced just before the Easter holiday.

Bill Withers was inspired to write the song after he had moved to Los Angeles from his home town of Slab Fork, West Virginia. He felt lost and alone in the big city, and was missing the strong community feel of his home town. Even though Slab Fork was a small coal mining town, and Bill Withers grew up in a run-down house in the poorest section of the town, everyone looked after each other, especially during hard times.

"Sometimes in our lives, We all have pain, we all have sorrow. But if we are wise, We know that there is always tomorrow. Lean on me, when you're not strong. And I'll be your friend, I'll help you carry on. For it won't be long;Til I'm gonna need Somebody to lean on."

During this difficult time, we have to lean on each other, and we will all get to tomorrow by continuing to support each other.

Careers Advice and Guidance

Ms Connie Collie (Connexions Advisor) will be available on Monday, Tuesday and Wednesday between 9:00am and 3:00pm. Many of you have asked for help to write your CVs/Cover letters, completing college and apprenticeship applications, answered questions about university applications and what to do if things don't quite work out as planned. She is not currently in school but continues to work from home and can be contacted via email: connie.colli@kingsburyhigh.org.uk or on the phone: 07584 270 467.

If you are 16 years old, you can apply typically for part-time jobs. If you haven't done so already start working on your CVs. All eligible 16 year olds will receive their National Insurance numbers in due course. There are a number of supermarket chains who are recruiting at present. These include: Aldi, Tesco, Asda, M&S, Morrisons, Lidl and Waitrose. If you are considering applying, please familiarise yourself with the rules of Child Employment: <https://www.gov.uk/child-employment/restrictions-on-child-employment>

Exams & 6th Form - Advice and Guidance

Please continue to use the Google Form to send in your questions about 6th form or further education. <https://forms.gle/J1wREj3EtoBmMthM6>

Mr Senior

Free Online Courses

Massive Open Online Courses (MOOCs) are free online courses available for anyone to enroll. MOOCs provide an affordable and flexible way to learn new skills, advance your career and deliver quality educational experiences at scale.

Millions of people around the world use MOOCs to learn for a variety of reasons, including: career development, changing careers, college preparations, supplemental learning, lifelong learning, corporate eLearning & training, and more.

MOOCs have dramatically changed the way the world learns.

Here is a list of online MOOCs you use to help extend your learning and prepare for 6th form or further education.

Art and Design

- <https://www.unifrog.org/student/subjects/keywords/fine-art>
- <https://www.coursera.org/learn/art-activity>
- <https://www.coursera.org/learn/modern-art-ideas>
- <https://www.coursera.org/learn/photography-techniques>
- <https://www.coursera.org/learn/gender-art>

Biology

- <https://www.myheplus.com/post-16/subjects/biology>
- <https://www.pmtcourses.com/.../biology-gcse-easter-revision-.../>
- <https://www.khanacademy.org/science/biology/intro-to-biology>
- <https://www.unifrog.org/.../k.../biology-and-biological-sciences>

Chemistry

- <https://www.myheplus.com/post-16/subjects/chemistry>
- <https://www.pmtcourses.com/.../chemistry-gcse-easter-revisio.../>
- <https://www.khanacademy.org/.../atomic-structure-and-properti...>
- <https://www.unifrog.org/student/subjects/keywords/chemistry>
- <https://www.edx.org/course/basic-analytical-chemistry>
- <https://www.edx.org/course/the-chemistry-of-life>

Computer Science

- <https://www.unifrog.org/.../.../keywords/computer-science-and-ai>
- <https://www.edx.org/cou.../basics-of-computing-and-programming>
- <https://www.coursera.org/learn/c-for-everyone>
- <https://www.coursera.org/learn/matlab>

Drama and Theatre

- <https://www.unifrog.org/.../keywords/drama-and-theatre-studies>

Economics

- <https://www.myheplus.com/post-16/subjects/economics>
- Headstart in Economics for Y11 students taking A-level economics
<https://www.tutor2u.net/.../head-start-for-alevel-economics-t...>
- <https://www.khanacademy.org/.../macro-basic-economics-concepts>
- <https://www.khanacademy.org/.../basic-economic-concepts-gen-m...>

English Literature

- <https://www.myheplus.com/post-16/subjects/english>

French

- <https://www.myheplus.com/post-16/subjects/modern-languages>

Geography

- <https://www.myheplus.com/post-16/subjects/geography>

History

- <https://www.myheplus.com/post-16/subjects/history>
- <https://www.khanacademy.org/.../worl.../world-history-beginnings>

Maths

- <https://www.tutor2u.net/maths>
- <https://www.myheplus.com/post-16/subjects/mathematics>
- <https://www.pmtcourses.com/.../maths-gcse-easter-revision-cl.../>
- <https://www.khanacademy.org/.../atomic-structure-and-properti...>
- <https://www.khanacademy.org/.../pre-al.../pre-algebra-arith-prop>
- <https://www.khanacademy.org/.../pre.../x9e81a4f98389efdf:complex>

Music

- <https://www.myheplus.com/post-16/subjects/music>

Physics

- <https://www.myheplus.com/post-16/subjects/physics>
- <https://www.pmtcourses.com/.../physics-gcse-easter-revision-.../>
- <https://www.khanacademy.org/.../physics/one-dimensional-motion>

Politics

- <https://www.myheplus.com/post-16/subjects/politics>

Psychology

- <https://www.myheplus.com/post-16/subjects/psychology>

Spanish

- <https://www.myheplus.com/post-16/subjects/modern-languages>

Useful Link

What to do if you're anxious about coronavirus -

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/#dealing-with-self-isolation->