



YEAR 7 – 11 CORE PE: ASSESSMENT GRID

SUBJECT: Physical Education - Practical

EXAM BOARD: Non Assessed

50% Heart		50% Head
Physical Ability and Fitness Levels		Tactical Awareness and application of PRIDE Values
+ 9 -	Has an outstanding level of fitness which allows them to perform well in a variety of activities. They show high activity levels for the duration of the lesson and attends school clubs regularly. They demonstrate more complex skills and movements and can apply them effectively in performances.	Consistently exemplifies the PRIDE/LIFE SKILLS values inside lessons and at school sports clubs and is able to influence others to do so too. Uses strategy, tactics and compositional ideas creatively and effectively in performance. Can consistently make effective decisions under pressure. Can create and lead an effective warm up in a small group.
+ 8 -	Has a good level of fitness which allows them to perform well in a variety of activities. Shows high activity levels for the duration of the lesson and attends school clubs. Can demonstrate complex skills and movements with some degree of success in full context.	Exemplifies the PRIDE/LIFE SKILLS values inside lessons and at school sports clubs and try's to influence others to do so too. Uses strategy, tactics and compositional ideas effectively in performance showing some creativity with limited success. Can make sound decisions under pressure. Can lead an effective warm up in a small group
+ 7 -	Has a good level of fitness which allows them to perform well in a variety of activities. Shows high activity levels for the duration of the lesson. Can demonstrate basic skills consistently, under pressure, and more complex ones in isolation or in conditioned situations.	Exemplifies the PRIDE/LIFE SKILLS values in lessons, and has a very positive influence on others. uses strategies, tactics and compositional ideas effectively in their performance. Can make mostly sound decisions under pressure. Can lead a given warm up in a small group
+ 6 -	Has a good level of fitness which allows them to perform well in a variety of activities. Can perform basic skill consistently in full context.	Consistently demonstrates the PRIDE/LIFE SKILLS values and can be a positive role model others Uses strategies, tactics and compositional ideas with varying success. Can lead a given warm up in a small group.
+ 5 -	Has a good level of fitness which allows them to perform well in a variety of activities. has the ability to learn and practice new skills and movements. These may not be consistent when performed under pressure.	Meets the expected level of expectation in demonstrating PRIDE/ LIFE SKILLS values during lessons and is a positive person in the classroom. can use basic formations and compositional ideas. Can make sound decisions in isolation and in small or conditioned games. Can be led by others and lead a partner in warm ups and activities.



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+ 4 -	Has moderate fitness levels which allows them to perform adequately in most lessons Can pick up on new skills and tries to use them in the full context with limited success	Can demonstrate PRIDE/LIFE SKILLS values in most lessons and has a mainly positive impact on others Can use basic formations and make sound decisions in isolation.
+ 3 -	Can pick up on new skills and attempts them in the full context and has a moderat level of fitness.	Can demonstrate the PRIDE/ LIFE SKILLS values in most lessons. Can use basic formations and sometimes makes sound decisions in isolation.
+ 2 -	Shows a willingness to want to improve their fitness levels Shows a willingness work on new skills, unable to translate into the full context.	Has shown willingness to improve his/her ability to demonstrate the PRIDE/LIFE SKILLS values, but show little overall progress Shows a willingness to work on understanding formations and compositional ideas. Often makes the wrong decisions in the full context.
+ 1 -	Has low fitness levels which impacts their performance levels Rarely picks up on new skills and cannot translate into full context of activity	Is rarely able to demonstrate the PRIDE/LIFE SKILLS values in any capacity and does not always have a positive impact on others. Rarely shows an understanding of formations and compositional ideas. Often makes the wrong decision in full context of activity.
WT	The student is currently working towards a grade in this skill The student is currently working towards a grade in this skill.	The student is currently working towards a grade in this skill The student is currently working towards a grade in this skill