



KINGSBURY HIGH SCHOOL

YEAR 11 NEWSLETTER

Week commencing: 06/07/2020

Message from the Year Leader

This our penultimate newsletter as the end of term draws closer. With less than 2 weeks to go before the official end of Year 11, what have you done to plan for the next step.

Lots of you have been proactive with emailing questions about 6th Form, applying for college courses, reaching out to our Careers Advisor. This is encouraging to see and shows a level of maturity which comes with getting older. On the other hand, I have had a number of phone calls and emails from both parents and students who are starting to become anxious about what they should be doing to facilitate the next step.



It is important to keep calm and use the resources available. You should be contacting Colleges or 6th Form Centres and making enquiries about courses. Check their websites for course information and compare the entry requirements with your predicted grades. This will help you make an informed decision about whether the course is suitable for you. There is also the option of Apprenticeships, which may be suitable for those who want to combine practical training in a job with study. **If you have any questions or queries, please contact Ms Connie Coli. The details are below and she is available to support you.**

The Leavers Hoodies deadline has passed and those who have completed their orders have now been sent to the manufacturer. The online store will remain open for a further week and will close on Friday 17th July 2020. Please refer to the email which has been previously sent as I will no longer be resending this information to students and parents. Please note that the manufacturer is based in Leicester so these items may be delayed which is beyond anyone's control. I will provide updates as and when I receive them. Information about the distribution of the Leavers Hoodies will be sent to parents once we have confirmed how the distribution will work.

There have been a number of birthdays since the last newsletter; **Happy 16th Birthday** to: Delano J-F, Amr M, Shaan C, Maimum H, Hmaun F, Ali Raza H, Sivakkumar L & Alesha V.

Our final Newsletter will be on Friday 17th July 2020.

Message from the Stage Leader

Last weekend we saw pubs, restaurants and hairdressers re-open, mostly with people being sensible but, in some places, there were crowded streets and a complete lack of social distancing.

In last week's newsletter I wrote about practicing the "**three W's**":

Wash your hands regularly

Watch your distance- 2 metres apart where possible

Wear a face covering – if closer than 2 metres

This week here is a reminder to **AVOID** the "**three Cs**":

Closed spaces with poor ventilation

Crowded places with many people

Close contact settings such as face-to-face conversations.

Keep these at the front of your mind as more places start to re-open so you can do your best to manage the risk for yourselves, your families and your communities.

In the middle of May I shared with you a poem "These Are The Hands", which celebrated the work of the NHS, and the poem was prominent again last weekend to mark the 72nd anniversary of the founding of the NHS.

The writer of the poem, Michael Rosen, recently came out of hospital after being seriously unwell with COVID. He was in intensive care on a ventilator for 48 days, after his respiratory system, liver and kidneys started to fail. Michael Rosen says he was, "probably two or three hours off departing this planet. I was so near to going. It's a reminder of how life is very impermanent."

He then spent a further three weeks on a rehabilitation ward, learning to walk again. Although home now, he can only walk a few metres with the aid of a stick, and has lost his vision and hearing on his left side. Michael Rosen has recently tweeted, "The after-effects are serious, wide-ranging and long-lasting.", but he also goes on to say, "It does look a little bit as if this illness can be beaten with kindness and care from the NHS."

It is wonderful that more and more people have been able to say this in recent weeks, although our thoughts and prayers are always with those who haven't been as fortunate.

Michael Rosen's optimism and belief in people, his love and celebration of diversity and his hope for the future are expressed in another of his poems, "The bus goes on."

https://www.youtube.com/watch?v=0vUEJ_DbeME

Stay home as much as possible, Stay safe, Stay strong!

Careers Advice and Guidance

Ms Connie Collie (Connexions Advisor) will be available on Monday, Tuesday and Wednesday between 9:00am and 3:00pm. Many of you have asked for help to write your CVs/Cover letters, completing college and apprenticeship applications, answered questions about university applications and what to do if things don't quite work out as planned. She is not currently in school but continues to work from home and can be contacted via email: connie.colli@kingsburyhigh.org.uk or on the phone: 07584 270 467.

If you are 16 years old, you can apply typically for part-time jobs. If you haven't done so already start working on your CVs. All eligible 16 year olds will receive their National Insurance numbers in due course. There are a number of supermarket chains who are recruiting at present. These include: Aldi, Tesco, Asda, M&S, Morrisons, Lidl and Waitrose. If you are considering applying, please familiarise yourself with the rules of Child Employment: <https://www.gov.uk/child-employment/restrictions-on-child-employment>

Exams & 6th Form



Ofqual has provided official information about grading for this year's GCSE exams. Please watch attentively!

<https://www.youtube.com/watch?v=VXuDOrtJY1Q&feature=youtu.be>

Bridging Work Information

Bridging work was sent out by email this week. Please read the information provided and direct any concerns or questions to the 6th Form team.

Useful Links

What to do if you're anxious about coronavirus -

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/#dealing-with-self-isolation->

If English is not your families first language there are COVID Guidelines in most community translation available from: <https://www.covidmessageforall.com>

Please pass on and share your families and friends so everyone one can understand and keep safe and healthy.