

STAGE LEADER MESSAGE

The lockdown continues to ease up, and it seems strange that things feel almost back to normal. Most shops have now opened, with massive queues at Primark on Monday!, traffic is busy again on the roads and you can start to see more people out and about. At KHS we are returning to a form of normality, as we start to welcome Year 10s and 12s back into school, but with 2 metre social-distancing and one-way systems to minimise contact.

Also returning is Premier League football, which may help to cheer you up, depending on where your club sits in the table! 33 of the remaining matches will be free to watch on Freeview through the BBC or Pick TV <https://www.bbc.co.uk/sport/football/52889445>

For the first 12 matches, the normal players' names on the back of the shirts will be replaced with 'Black Lives Matter', and a Black Lives Matter badge will also feature alongside a badge thanking NHS staff for their work during this pandemic. The Premier League will also support any player who chooses to 'take a knee' before or during matches.



It is important though for us to always be mindful that for many people, normality is even further away, whether through illness or because their financial situation has changed,

The lockdown has had a huge effect on people's livelihoods. At least 70% of UK companies have placed workers on furlough, where the government will pay some of the wages during

How to stick together, by staying apart

 <p>Stay at home no unnecessary journeys or social contact</p>	 <p>Only leave home for essential shopping or medical needs</p>
 <p>Or one form of exercise per day</p>	 <p>Or travelling to work if absolutely necessary</p>
 <p>Public gatherings of more than two people are banned - excluding people you live with</p>	 <p>Police can fine you if you don't follow the rules</p>

lockdown. But when the government scheme finishes at the end of October, companies may not be able to pay all their workers and could cut jobs.

The number of people claiming unemployment benefits has gone up as well, with poorer areas being hit hardest. Many families have fallen behind with rent or other bills, and they have had to cut back on food and other essentials. A survey by the Food Foundation in May said that more than 200,000 children in the UK have had to skip meals because their family could not access enough food during lockdown.

If your family circumstances have changed, please let us know and it is also worth your parents going onto <https://www.gov.uk/apply-free-school-meals> where they can enter their postcode and then go onto the website for the borough where you live and can apply online.

The campaign by Marcus Rashford shows that there is support out there, so please do ask for help if you need it.

Stay home as much as possible, Stay safe, Stay strong,

Mr Das

GENERAL MESSAGE

MARCUS RASHFORD 1 THE GOVERNMENT 0

During the lockdown, the England and Manchester United footballer Marcus Rashford had already been doing great work helping vulnerable people, working with the charity FairShare UK to raise £20m to supply three million meals to children who have been financially affected by the pandemic.

Across England, about 15% of state school pupils are eligible for free school meals, but in some parts, like London and Manchester, the figure is much higher. While schools have been closed, families who qualify for free school meals have been issued with a weekly voucher to spend at supermarkets. The Easter and May half-term holidays were included, but the government had said that the vouchers would not run during the summer holidays. This prompted concerns that many children could go hungry over the summer months.

Marcus Rashford used his platform as a high-profile footballer to help get publicity and support for the campaign to get the government to think again about this. On Monday, Rashford wrote an emotional open letter to politicians in which he detailed his own experiences of relying on free school meals and food banks growing up.

Rashford wrote: "My mum worked full-time, earning the minimum wage, to make sure we always had a good evening meal on the table, but it was not enough. As a black man from a low-income family in Wythenshawe, Manchester, I could have been just another statistic. Instead, due to the selfless actions of my mum, my family, my neighbours, and my coaches, the only stats I'm associated with are goals, appearances and caps.

"Food poverty in England is a pandemic that could span generations if we don't course correct now. This is not about politics, it's about humanity. Political affiliations aside, can we not all agree that no child should be going to bed hungry?"

(The full letter can be read here:

<https://www.theguardian.com/football/2020/jun/15/protect-the-vulnerable-marcus-rashfords-emotional-letter-to-mps>)

That same day the government confirmed it would not provide free school meal vouchers during the summer, and the Department for Education said it was not going to change its mind. They defended their decision by saying that extra money had already been given to councils to help.

By Tuesday though, Marcus Rashford's involvement and the fact that some of the government's own MPs wouldn't vote for this, forced the government into a U-turn and it was announced that they would extend the voucher scheme for free school meals during the summer holidays.

Rashford says he wants to do more to help those in need after winning this battle, saying, "I don't want this to be the end of it because there are more steps that need to be taken... People are struggling all year around."

The great reaction to Marcus Rashford's campaign is a change to the stereotype of the selfish, over-paid professional footballer. Alongside Raheem Sterling, Rashford is one of a group of young footballers who are using their celebrity and influence in a positive way, speaking out on topics that they believe in which can only be positive for the future.



PE Department Instagram Challenge

The KHS PE Department is posting a new fitness challenge every day for you to have a go at. Follow us on Instagram, by searching for @KHSPE to have a go and get moving with us! You can even earn extra credits by sending your PE teacher a picture of you participating, a picture of your smart watch or stopwatch or an explanation of what you did and how you felt afterwards. Looking forward to seeing you smashing the PE Teachers Daily Challenge over the next 6 weeks!

Useful course link

<https://www.smallpeicetrust.org.uk/cyberfirst>

Year 10 Managing at home

<https://docs.google.com/forms/d/1p2AMoeNzIRFvX-rxYnm4j74blsMa3s2zKyhqGJJx3Bk/edit?ts=5ea09f41>

Help and FAQ for IT Systems

Here are the answers to some common problems that are being reported.

You need to be logged into school Gmail to open the document

Improve your problem solving skills, by trying to solve your problem before emailing for help.

Best Wishes

Mr. Fuller

Create short pieces of music-quickly and easily

<https://musiclab.chromeexperiments.com/Experiments>

Sing with Aga-new videos released each Friday

https://www.youtube.com/results?sp=mAEB&search_query=sing+on+the+sofa+with+aga

BMS instrumental and singing lessons will take place online this term. Please go to these links for information, guidance and to sign up

https://drive.google.com/open?id=1sdbmxCSnBQm_W7N6ZEor3hkApXf1INKg

<https://docs.google.com/forms/d/e/1FAIpQLSdZ9LFnbfUtRrmQUhXM-Ull-ihW90JjkSedl8xozxWbSs9Eug/viewform>

BMS Music Base

Resources for all instruments and levels along with resources for aural, theory and sight-reading. Completely free to access.

<https://forms.gle/shuMU2Ms1iTzcjZ68>

KLIC Messenger

KLIC messenger is currently not set up, we will review this but at the moment this function is not available.

Useful Link

What to do if you're anxious about coronavirus -

<https://youngminds.org.uk/blog/what-to-do-if-you-re-anxious-about-coronavirus/#dealing-with-self-isolation->

Entertainment - Interested in trying out a bit of theatre?

Theatre tickets are often expensive but every Thursday at 7pm on Youtube the National Theatre is allowing free access to a performance filmed on stage live (at the time). 'One man, Two Guvnors' starring James Corden from Gavin and Stacey fame will be shown on 2nd April 2020 at 7pm. If you need a gentle introduction into theatre, this is the play for you and family too!

https://www.timeout.com/london/news/the-national-theatre-is-going-to-stream-a-free-play-every-thursday-night-032620?fbclid=IwAR2Be-fswn9x_61safdxChshrtT87xVNEXa2QyjAHBfHC0Adp9feH26pSwk