



COVID-19: isolation guidance

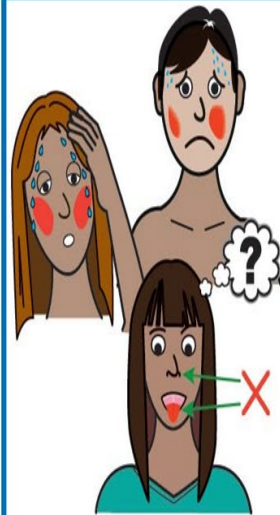


Covid-19 is a **respiratory** virus spread mainly through droplets created when an infected person talks, sneezes or coughs.



Coronavirus: isolation guidance

DO NOT SEND
YOUR CHILD TO
SCHOOL IF
ANYONE IN
YOUR
HOUSEHOLD
HAS **ANY ONE** OF
THESE
SYMPTOMS...



- A high temperature.
- Feel hot to touch on your chest or back.
- A loss or change in what you can normally smell or taste.

24 hours



- A new continuous cough.
This means coughing a lot for more than one hour or 3 or more coughs in a day.
If you usually have a cough then this might be worse at this time.

HM Government

NHS

If you have any coronavirus symptoms, you must self-isolate immediately

for

10

days