



KINGSBURY HIGH SCHOOL

NEWSLETTER

ISSUE 2- APRIL 2014

Students Enjoy a Day at Wembley Stadium



On Friday 7th March 2014, primary schools across Brent attended a Young Ambassadors event at Wembley Stadium. The event was organised by the Kingsbury High School Sports Partnership and Capital City Academy.

The Young Ambassador programme was set up by the Youth Sports Trust and seeks to develop young leaders and volunteers by providing them with the responsibility of being an ambassador for PE and school sport. Friday's event was to train primary school Bronze Ambassadors and was led by secondary school Gold Ambassadors. The Gold Ambassadors were from Kingsbury High School, Capital City Academy and the Jewish Free School.

The ambassadors enjoyed a guided tour around Wembley Stadium followed by a day of leadership, team building and physical activities in and around the Learning Zone. Guest speaker Casey Stoney, England and Team GB Ladies Football Captain, delivered an inspiring presentation and joined the ambassadors out on the 5-a-side pitch.

Gold Ambassador and Kingsbury High School student, Sakthy Uthayakumar, aged 15 said "I thoroughly enjoyed this experience. It was eye opening to see how many ambassadors there are and I'm proud to see that even after we go off to different colleges and universities these ambassadors will continue to thrive.

To me, being an ambassador means a variety of things. It's not something that I enjoy just because I can put it on my CV, but because I can help solve problems such as a lack of participation in sports. I feel privileged to be a part of it."

The primary school ambassadors will be using their newly found skills to set up Change 4 Life clubs at their schools.

Sport Relief 2014



Kingsbury High School Higher Sports Leader Award (HSLA) students hosted a fun week of sporting activities to raise money for Sport Relief 2014.

The HSLAs, led by Nisani Gnanasoorian (18) and James Frater (18), organised badminton tournaments, basketball challenges and netball rallies. The highlight of the week was the Sport Relief Mile in which students of all ages took part.

Through the students' sterling efforts, the school raised £2724.93 for this important cause.

Arsenal Double Club



This term, a group of Year 9 students participated in the Arsenal Double Club initiative. They attended after school clubs where they practised their language skills then moved to the pitch, where they honed their football skills.

At the end of the programme, the students were rewarded with a trip to Emirates Stadium, home of Arsenal Football Club, for a tour with a multilingual member of the Arsenal in the Community staff.

Message from Mr Waxman

Welcome to the second of our new series of half-termly newsletters, through which we hope to keep you well informed about events at Kingsbury High.

I mentioned in the last issue that we were looking forward to our production, *Lest We Forget*, which was to commemorate the one hundredth anniversary of the start of the First World War. I must congratulate all of the staff and students involved in that production which was one of the best pieces of drama ever to come out of the school.

Lest We Forget combined performances of excellence and intensity from a cast of nine Sixth Form students with song and dance numbers from the period performed by a chorus of fifteen students from our foundation stage (years 7 and 8). The combined effect was truly stunning and I know that everyone who came left the auditorium truly impressed with the scale of their achievement.

I must take this opportunity to thank Ms Reavey for directing the piece so effectively and Ms Sergison, Mr Hale and Mr Windrich for their work on dance, song and sound/lighting respectively. The Art department also deserve praise for their magnificent trench life backdrop. Well done to all concerned.

With regard to the curriculum, our staff are all working incredibly hard to try to enable our students to repeat last year's successes and I know your sons and daughters will be making good use of the holiday period to prepare for their examinations. We wish them well with that and hope all of your families have a good break.

Jeremy Waxman



Lest We Forget performers

Lest We Forget



Kingsbury High School's production, *Lest We Forget*, took place on Thursday 27th and Friday 28th March, with a special performance for invited guests on Tuesday 25th March.

The short piece of drama commemorating the one hundredth anniversary of the start of the First World War was made up of a cast of nine Sixth Form students re-enacting war time scenes with, as a stark contrast, song and dance interludes performed by students in years 7 and 8.

School Governor and active member of the community, Valerie Pope, invited senior citizens from the local area to the performance and said "If you could have been there, your heart would have been moved because a lot of the senior citizens had tears in their eyes because a lot of them actually had parents or grandparents who had been in the First World War.

The dancing, the acting and the singing was outstanding. It was so real, it made you realise what it must have been like for people living in those days."

Kingsbury High School Cover Coach and Director of the play, Clare Reavy said "*Lest We Forget* is a unique piece of theatre commemorating both the soldiers of the First World War and the loved-ones that they left behind. The work is a montage of characters, stories and experiences which honours our ancestors' bravery during this difficult time."

Lest We Forget raised £450 and all proceeds were donated to The Royal British Legion Poppy Appeal.

Tony Walton, Chairman of The Royal British Legion Poppy Appeal for Wembley and Sudbury, attended the showing for invited guests and said "I thought the show was terrific. The money that will go into the British Legion fund and there are over 10 million people that are eligible for help; service people, ex-service people, their dependants; whether it is financial, social or emotional help."

Cream Tea at Kingsbury!



On Thursday 30th January 2014, Kingsbury High School's Governors were invited to the school and treated to a lavish cream tea.

School Chef, Dean Bolton, was in charge of the catering for the event and called on some help from three Year 9 and three Year 10 students. The students worked in the school kitchen for the day to experience, first hand, the pressure of working in a professional kitchen and to a tight deadline.

The students each chose one or two items to prepare from start to finish and were supervised and mentored by Dean. He said "The students had previously been observed and mentored by me in one of their cookery lessons and I selected them for this opportunity because they showed real flare and potential in the kitchen.

They were absolutely amazing and I was really, really impressed with them."

The governors arrived to see a spread of vegetarian quiche, chicken & potato pie, macrons, scones, shortbread, profiteroles, chocolate whoopies and for some added glamour, some glitter meringue droplets.

Parent Governor, Jag Minhas said "Upon entering the room, it was a complete surprise to all of us - the setup was visually stunning. Everything looked great, the presentation was astounding. It was how I imagined having tea at the Ritz, but in our very own school!"

Student, Sajah Al-Ali, aged 14 made the chicken & potato pies and 180 profiteroles. She said "Working in a professional kitchen was so fun. It was one of my happiest days! I learnt how to pipe properly and Mr Bolton gave me lots of useful tips. In the future, I want to open a bakery."

The students were recognised for their achievement in a school assembly and were treated to a free breakfast club meal.

Evalesco



On Saturday 8th March, Kingsbury High School's Young Enterprise team, Evalesco, launched their new range of teas at Brent Cross Shopping Centre. They are the first company in the UK to produce original blends of Blueberry with Tulsi & Aloe Vera Tea and Orange Blossom & Ginger Tea.

The nine Year 12 students started their Young Enterprise journey in September when they decided that their prime aim was to produce a healthy product suitable for the mass UK market. They decided to combine one of the UK's favourite drinks with healthy ingredients.

The young entrepreneurs sourced ingredients from Darjeeling, West Bengal, India and found a British company, the Tea People, to blend them. The Tea People's ethos is to give back to impoverished areas in and around the tea growing region of Darjeeling, focussing on education and helping to provide work for locals who would otherwise live on less than £1 a day. Evalesco were happy to have this social enterprise manufacture their product.

Dhaval Shah, Assistant Managing Director and Finance Manager at Evalesco, aged 17 said "Sourcing ingredients for our product from areas that are socioeconomically deprived and choosing a manufacturer that uses its profits to support local people was extremely important to us."

At their Christmas trade stand in Harrow, the team won 'best performance of the day' and were commended for their 'good sales and excellent team work'. Evalesco went on to achieve a Gold Award when they showcased their journey and displayed their Christmas range (homemade menthol candles and hand decorated henna candles). They were awarded 'best trade stand' when they launched their tea at Brent Cross Shopping Centre. Most recently, they won 'best company in Brent' and were awarded 'most innovative product' at the area final held at Brent Civic Centre on Wednesday 26th March.

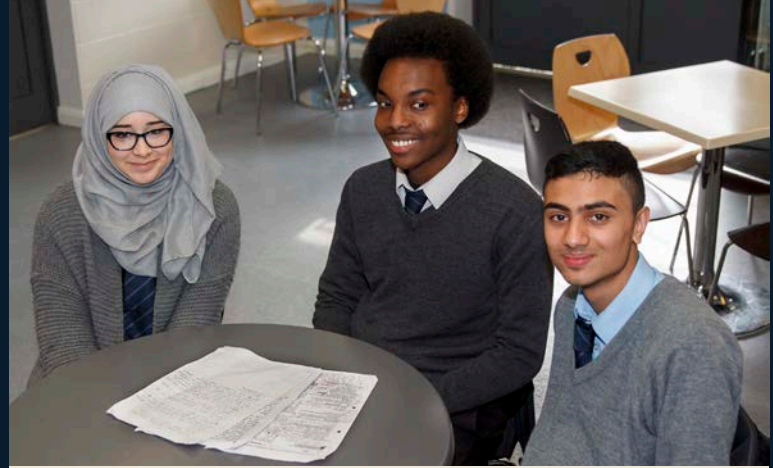
International Women's Day



On Thursday 20th March 2014, Capgemini, one of the world's leading IT and consulting companies, hosted a networking event to celebrate International Woman's Day.

Sixth Form students were invited to attend the event, where they heard a talk from Sly Bailey. Sly is on the board of Ladbrokes; as well as being a governor at the English National Ballet schools and a non-executive director of Greencore, an Irish food company. Students were able to network with Sly and Capgemini staff, including Christine Hodgson, Capgemini CEO, to find out more about working life.

Civil Service Career Day



On Friday 7th March, five Kingsbury High School students attended a career day at the Jack Petchey Academy in Hackney. The day was run by civil service volunteers from the Cabinet Office, the Department of Justice and HMRC.

Students participated in interactive sessions designed to give them a taste of a career in the civil service. After a speed networking session, they chose three of six taster workshops. In the afternoon they worked in teams to design a plan for a monument celebrating Great Britain, which was judged by a senior civil servant.

Alumni Feature - Chandni Jounija (Tia)



Tia completed her studies at Kingsbury High school in 2008. She went on to pursue medicine at university and started up a charity called Wishful Smiles.

Wishful Smiles aim to work with the world's most disadvantaged and underprivileged communities to combat poverty, famine, social injustice and illiteracy by providing financial and material aid, education, clean drinking water and healthcare.

Wishful Smiles have recently setup a new campaign called Teacharity (Teach Charity).

Alumni Feature Continued

Teacharity is an initiative to get more people actively involved in charity work through workshops targeted at educational establishments.

Tia has worked alongside MPs, mayors, celebrities and professionals to ensure a successful journey with Wishful Smiles. She said "I believe my team is the main asset to Wishful Smiles. They consist of a number of different people, who are highly skilled, professional and extremely passionate."

At 24, Tia has managed to set up a charity, build a team, launch campaigns and secure backing from some amazing sponsors. It has been just a year since the launch of Wishful Smiles and the charity has already been nominated to receive an award at the House of Commons.

Tia believes career and ambition go hand in hand. She hopes to build hospitals around the globe in the most deprived and underprivileged areas owing to her profession and her passion for philanthropy.